

Texas Roadhouse Nutrition Information

Item	Calories	Total Fat (g)	Carbs (g)	Protein (g)	Sodium (mg)	Sugar (g)
House Salad	230	15	10	8	260	3
Caesar Salad	400	36	12	7	790	2
Grilled Chicken	300	6	0	55	620	0
8 oz Sirloin	340	16	0	48	460	0
Pulled Pork Sandwich	870	43	70	47	1870	20
BBQ Chicken	300	5	18	42	960	17
Cheeseburger	850	55	40	45	1410	9
Mashed Potatoes	220	11	28	4	540	2
Seasoned Rice	260	8	40	5	560	1
Buttered Corn	190	9	26	3	310	4
Texas Roadhouse Rolls	227	12	28	4	190	5
Cinnamon Butter (1 tbsp)	110	11	3	0	95	2
Brownie with Ice Cream	790	36	102	7	410	67
Sweet Tea	120	0	31	0	15	31
Coca-Cola	140	0	39	0	45	39
Lemonade	150	0	41	0	10	38
Green Beans	100	6	8	3	580	2
Chili (Cup)	260	14	16	18	850	3
Baked Potato	380	19	44	7	430	2
French Fries	360	20	40	4	310	0